



**SKATE/PATINAGE**CANADA  
NEW BRUNSWICK/NOUVEAU BRUNSWICK

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# RETURN TO SKATING COVID-19 OPERATIONAL PLAN

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**Enter name of your Club/School here**

**Enter date here**

**COVID-19**  
(coronavirus disease)



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# SKATE CANADA NEW BRUNSWICK

## Return to Skating COVID-19 Plan

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### INTRODUCTION

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This operational plan has been developed taking into consideration guidelines and regulations set out by various organizations/government bodies, including Skate Canada, Skate NB, Government of New Brunswick, and **(Enter name of the rink)**. The goal is to limit transmission of SARS-CoV-2 virus and, in so doing, ensuring the safety of **(Enter name of the club/skating school)** skaters, coaches, staff, volunteers, and the greater New Brunswick community during this unprecedented time of the COVID-19 pandemic. This policy aims to achieve this goal through this template for Skate NB clubs and skating schools.

This document will ensure that all Skate Canada New Brunswick Clubs and Schools have documented their risk assessment and risk mitigation measures consistent with Public Health guidance and the Occupational Health and Safety Act and regulations.

All SCNB Clubs and Schools must comply with the following provisions of the Mandatory Order:

Must take every reasonable step to ensure minimal interaction of people within two metres of each other, except in compliance with guidelines issued by WorkSafeNB and the Chief Medical Officer of Health.	Must take every reasonable step required to prevent persons who exhibit symptoms of COVID-19 from entering the workplace, in accordance with advice issued by the Chief Medical Officer of Health or WorkSafeNB.	Must take every reasonable step required to prevent persons from entering workplaces who have travelled outside the Atlantic bubble in the previous 14 days.
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Just as viruses can mutate, guidelines related to COVID-19 can change. All Skate Canada New Brunswick Clubs are responsible for keeping up to date on current guidelines and to change their operational plans as required.

All participants must follow whichever restrictions / regulations are the most severe from either Public Health, Government of New Brunswick, Skate Canada, Skate Canada New Brunswick or the Facility's Operational Plan (i.e. wearing of masks, maximum allowed on the ice, capability of skating pairs / dance / synchro, physical distancing, etc). All figure skating activities must also adhere to all federal, provincial and municipal laws, regulations, by-laws and orders as they may exist from time to time.

This includes but is not limited to compliance with:

- Physical distancing measures
- Health and safety regulations
- Size of permitted gatherings
- Skate Canada rules, policies and procedures
- Skate New Brunswick rules, policies and procedures
- All Safe Sport policies and procedures
- Applicable occupational health and safety requirements

# COVID-19 OPERATIONAL PLAN AND CONTACT INFORMATION

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**All Clubs/Skating Schools must forward their Operational Plan to SCNB for approval prior to offering sessions.**

Plan Implementation Date: **(CLICK HERE TO ENTER TEXT)**

Plan Revision Date: **(CLICK HERE TO ENTER TEXT)**

***Club/Skating School Contact Information:***

Club/Skating School Name: **(CLICK HERE TO ENTER TEXT)**

Plan Owner: **(CLICK HERE TO ENTER TEXT)**

Email Address: **(CLICK HERE TO ENTER TEXT)**

Phone Number: **(CLICK HERE TO ENTER TEXT)**

Mailing Address: **(CLICK HERE TO ENTER TEXT)**

Plan has been reviewed to assess any new risks or changes to regulatory guidelines **(monthly review recommended)**

Name: **(CLICK HERE TO ENTER TEXT)**      Date: **(CLICK HERE TO ENTER TEXT)**

Name: **(CLICK HERE TO ENTER TEXT)**      Date: **(CLICK HERE TO ENTER TEXT)**

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## ABOUT COVID-19

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### Transmission

Human coronaviruses cause infections of the nose, throat and lungs. They are most commonly spread from an infected person through:

- respiratory droplets that are spread when you cough or sneeze
- close personal contact, such as touching or shaking hands
- touching something with the virus on it, then touching your mouth, nose or eyes before washing your hands

### Symptoms

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu. Symptoms may take up to 14 days to appear after exposure to COVID-19.

Symptoms have included:

- Fever above 38 degrees Celsius
- A new cough, or worsening chronic cough
- Sore throat
- Runny nose
- Headache
- A new onset of fatigue
- A new onset of muscle pain
- Diarrhea
- Loss of sense of taste
- Loss of sense of smell
- In children, purple markings on the fingers and toes
- Difficulty breathing

In severe cases, infection can lead to death. If you or a member of your family are showing symptoms contact Tele-Care 811 or your healthcare provider to help arrange an appointment at the closest testing facility.

### Treatment

At this time, there is no vaccine to protect against COVID-19. Most people with mild illness will recover on their own. Your health care provider may recommend treatment or steps you can take to relieve symptoms. For those with more severe illness, hospitalization may be required.

# RISK ASSESSMENT

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Since each province's reopening plan differs, it is the responsibility of all sections, clubs, skating schools and coaches to abide by the various requirements outlined by their provincial and municipal governments. The timeline for reopening will vary depending on the jurisdiction. Therefore, not all clubs and skating schools will resume operations simultaneously.

Before skating resumes, all sections, clubs, skating schools and coaches must review their local government and health agency's COVID-19 response and develop appropriate practices, policies and procedures for their jurisdictions. Consider what risks are in your club/skating school.

It is the responsibility of all members and registrants to abide by policies and procedures designed to ensure a safe environment for all.

### **Risk Assessment for our Club/Skating School:**

1. **(ENTER THE IDENTIFIED RISK HERE),  
ENTER LEAD PERSON TO MITIGATE RISK**
2. **(ENTER THE IDENTIFIED RISK HERE),  
ENTER LEAD PERSON TO MITIGATE RISK**
3. **(ENTER THE IDENTIFIED RISK HERE),  
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4. **(ENTER THE IDENTIFIED RISK HERE),  
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6. **(ENTER THE IDENTIFIED RISK HERE),  
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7. **(ENTER THE IDENTIFIED RISK HERE),  
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8. **(ENTER THE IDENTIFIED RISK HERE),  
ENTER LEAD PERSON TO MITIGATE RISK**
9. **(ENTER THE IDENTIFIED RISK HERE),  
ENTER LEAD PERSON TO MITIGATE RISK**
10. **(ENTER THE IDENTIFIED RISK HERE),  
ENTER LEAD PERSON TO MITIGATE RISK**

# COMMUNICATING WITH MEMBERSHIP

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Provide accurate and timely communication in advance of any skating activity to help ensure that all participants are aware of expectations. The below points are considerations for a communication strategy: **(Club to provide how communications will be handled and by whom. Club to provide the name of the COVID-19 lead.)**

- Create a communication plan to optimize planning, organization and execution.
- Appoint a COVID-19 lead to communicate with skaters/parents and other stakeholders.
- Appoint a COVID-19 lead to monitor government developments regarding COVID-19 and how those changes may apply to your situation.
- Appoint a person to make COVID-19 decisions.
- Update skaters/parents with any new policies and procedures through email or another virtual method.
- Consider developing a dedicated page on your website for COVID-19 updates and direct skaters/parents there for information.
- Consider hosting a virtual meeting to review procedures and policies. Complimentary Zoom sessions are available through SCNB.

# GOVERNMENT OF NEW BRUNSWICK AND SKATE CANADA LINKS

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- [Government of New Brunswick Covid-19](#)
- [Skate Canada Return to Skating Guidelines](#)
- [WorkSafe NB Embracing the New Normal](#)
- [New Brunswick Dashboard](#)



# GOVERNMENT OF NEW BRUNSWICK

## PUBLIC HEALTH MEASURES

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The following general public health measures are applicable to all individuals across all the phases of the recovery plan:

- **Physical distancing (minimum distance of two meters)**  
Maintain a minimum distance of two meters between yourself and others at all times, with the exception of members of the same household or “bubble”. People must not congregate in groups; which will impact our daily routines, business operations and recreational activities.
- **Frequent and thorough handwashing**  
Practice proper hand hygiene including [good handwashing practices](#). Proper handwashing requires regularly and thoroughly washing your hands with soap and water or minimum 60% alcohol-based hand sanitizer.
- **Cleaning surfaces properly**  
For households, regularly [clean and disinfect](#) frequently touched objects and surfaces. Regular household cleaners, disinfectant wipes or a diluted bleach solution can be used according to the label directions.
- **Respiratory hygiene**  
Practice good respiratory hygiene. When you cough or sneeze, do so into a tissue; dispose of the tissue and wash your hands afterwards. If you do not have a tissue available, cough into your sleeve or elbow.
- **Community face masks**  
Wearing a [non-medical mask](#), also referred to as a community face mask, is required when unable to maintain physical distancing in the community (i.e. grocery stores, pharmacies, etc.).
- **Record keeping**  
The current mandatory order requires that organizations maintain a record of the names and contact information of all persons who attend and must make those records available to Public Health Inspectors upon request.

For more guidance: [Collection of names and contact information under the Mandatory Order COVID-19](#).

### REGISTRATION

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- **Club to identify how registration will be handled.**
- Where feasible, all participant registration should be done online, including collection of payment.
- Try to limit the use of cash and limit the handling of credit cards wherever possible, by allowing customers to scan or tap their cards and handle the card readers themselves.
- Program organizers should take daily attendance and keep a record of all participants from all activities in case of an outbreak.

### ENTERING AND EXITING THE RINK

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- **Ensure your facility has an operational plan in place and there is alignment to your club's plan.**
- **Club to identify how entering and exiting the ice will be handled.**
- Passive screening should be done at every session. This should be done for all skaters, coaches, staff, parents, guardians and volunteers (Appendix 2).
- Skaters, coaches, staff, parents, guardians and volunteers are expected to answer all questions on the passive screening honestly. Failure to answer these questions honestly will result in expulsion from the program and loss of privileges.
- Club/skating schools must keep a record of who attended each session, on a daily basis (i.e. coaches, skaters and volunteers) (Appendix 3).
- Establish traffic flow patterns to discourage gatherings. Work with the facility operator or suggestions.
- Skaters are expected to arrive "rink ready".
- Avoid coming to the rink more than 10 minutes in advance of the start of your session.

# PROCEDURES FOR STAR 1-5, STARSKATE, SPECIAL OLYMPICS (STARSKATE), ADULTSKATE AND COMPETITIVE SKATING

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- **Maximum number of skaters allowed** on the ice per session will be as follow:
  - PHASE 1 (Date when Clubs or Schools resume activities)
    - 15 skaters (excludes coaches and PAs) on an NHL ice surface (200' x 80') and
    - 17 skaters (excludes coaches and PAs) on an Olympic ice surface (200' x 100').
  - PHASE 2 (September 1 for Clubs that ran Summer Schools; October 1 for remaining Clubs and Schools; Club must be in Yellow Phase Region)
    - 20 skaters (excludes coaches and PAs) on an NHL ice surface and
    - 22 skaters (excludes coaches and PAs) on an Olympic ice surface.
  - PHASE 3 (October 26 for remaining Clubs and Schools; Club/School must be in Yellow Phase Region)
    - 24 skaters (excludes coaches and PAs) on an NHL ice surface and
    - 26 skaters (excludes coaches and PAs) on an Olympic ice surface.
  - PHASE 4 (TBD)
    - Return to original Skate Canada Delivery Guidelines.
- Keep groups bubbled as much as possible, remaining in the same bubble for at least 2 weeks. Also try to put siblings on the same session if possible.
- **Coaches are to remain stationary** and should have their own designated spot. This can either be off the ice (i.e. player's bench) or if on the ice, a 2m radius should be drawn on the ice with a marker so skaters can easily identify the prohibited zone. Wearing a mask for coaches is strongly encouraged when on the ice. Choreographers can use the whole ice surface. Partnering of dances is prohibited.
- Harness are not to be used if skater cannot get themselves in or out without help.
- **Lesson plans** should be adapted to ensure skaters and coaches are practicing physical distancing.
- Avoid hands-on assistance. Coaches should use verbal cues when instructing students rather than physical contact.
- Use verbal cues & drawings on ice to enhance learning. Use verbal incentives.

- Encourage constant movement on the ice.
- Coaches must have their own coaching aids. Not to be shared with others.
- All skaters must bring their own personal items (gloves, tissues, water bottles, etc.). Provide garbage barrels with garbage bags and a cover by ice surface.
- Utilize lanes for class/group work.
- **Warm-ups** must occur where social distancing can be followed such as outdoors in a safe area or inside the facility if such area is available.
- Work with facility to have a door used to enter the ice and another to exit the ice.
- **Music playing** should be done by one designated person operating the equipment for the duration of the practice and properly clean equipment after use.
- **Post sessions:**
  - Encourage a timely departure from ice to clear the area for the next session.
  - Must leave rink within 15 mins of finishing sessions.
  - Suggest cool down activities to be performed at home or in an outdoor safe area, where social distancing can be followed.
  - At the end of each session, disinfect all equipment and surfaces.

# PROCEDURES FOR CANSKATE, SPECIAL OLYMPICS (CANSKATE), CANPOWERSKATE AND PARACANSKATE

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CANSKATE and CANPOWER will not be offered in summer of 2020.

The only programs that can be offered in September are CanSkate, CanPowerSkate, Pre-CanPowerSkate and ParaCanSkate. Pre-CanSkate (CanSkate Stage 1 needing assistance) cannot be offered. Skaters must be able to stand and move around on their own without the help of a coach or program assistant. **If some programs are not offered they do not need to be part of the plan.**

- **Maximum number of skaters allowed** on the ice per session will be as follow:
  - PHASE 1 (September 1, 2020)
    - NHL size rink: Maximum 18 skaters (excludes Coaches and PAs)
    - Olympic size rink: Maximum 22 skaters (excludes Coaches and PAs)
    - **MUST** meet to PA / Coach to Skater ratio (1:5)
    - Ice divided in 2
    - Skaters remain in the same bubble group for the entire session (i.e. Fall School)
    - No CanSkate Level 1 needing assistance (“Pre-CanSkate”)
  - PHASE 2 (October 1; Club or School must be in Yellow Phase Region)
    - NHL size rink: Maximum 26 skaters (excludes Coaches and PAs)
    - Olympic size rink: Maximum 30 skaters (excludes Coaches and PAs)
    - **MUST** meet to PA / Coach to Skater ratio (1:5)
    - Ice divided in 2
    - Skaters remain in the bubble for the entire session plan (i.e. Winter1 Session for October-December then Winter2 Session for January-March)
    - CanSkate Stage 1 needing assistance (“Pre-CanSkate”)
      - **Clubs MUST create and submit their plan** to the Section office before they can allow skaters needing assistance (“Pre-CanSkate”) on the ice.
      - Plan must:
        - Identify means to limit the number and intensity of close contacts

- All reasonable attempts shall be made to respect physical distancing measures as much as possible except for brief contact.
- ALL teaching aids must have Covid-19 cleaning protocols.
- Examples:
  1. Parent/Guardian and Tot sessions
    - One parent/guardian gets on ice with their little skater. Parent/guardian should be the same week after week.
    - Parent must pay Skate Canada membership which is non-refundable. The SCNB Program Fee will not apply to these parents.
  2. Coloured foam interlocking squares or mat is put on the ice for new skaters to stand on. This will help with sitting on the ice, stability, and getting up by themselves
  3. Large heavy pylons for skaters to push on to when getting up
  4. Laundry baskets turned upside down for skaters to push on to aid in getting up
- Phase 3 (October 26; Club or School must be in Yellow Phase Region)
  - NHL size rink: Maximum 34 skaters (excludes Coaches and PAs)
  - Olympic size rink: Maximum 38 skaters (excludes Coaches and PAs)
  - **MUST** meet to PA / Coach to Skater ratio (1:5)
  - Ice divided in 2
  - Skaters remain in the bubble for the entire session plan (i.e. Winter 1 Session for October-December then Winter 2 Session for January-March)
  - CanSkate Stage 1 needing assistance (“Pre-CanSkate”)
    - **Clubs MUST create and submit their plan** to the Section office before they can allow skaters needing assistance (“Pre-CanSkate”) on the ice.
- PHASE 4 (TBD)
  - CanSkate may be delivered using original Skate Canada Delivery Standards
- **ParaCanSkate**
  - Must arrive at rink ready to transfer into the sledge. Skater must bring their own personal items (eg stick, helmet)
  - Assistance into and adjusting sledge must be done by a parent/guardian OR by a volunteer (and skater) wearing mask, face shield, and gloves (PPE)

- Daychair must be physically distanced from other chairs
  - Club must designate an individual, who could be a ParaCanSkater, to oversee this zone.
- Sledge must be assigned for the season to a ParaCanSkater. They may bring the sledge at home and be responsible for it OR it can be stored at the arena provided it is clearly identified as being assigned to a ParaCanSkater.
- Clubs may organize a session to ensure that a skater is able to stand up and skate independently on the ice. This would be akin to “Bring a Friend Day”. Procedures for such events are found in Skate Canada’s Insurance Guide.
- Clubs may consider offering CanSkate more than once a week to be able to accommodate all their registrations.
- Try to put siblings on the same session if possible. CanSkaters working on different badges can be combined.
- **Coaches and Program Assistants** are permitted to move around the ice surface however, they must wear a mask for all CanSkate and CanPowerSkate sessions. There must be 1 Program Assistant / Coach per 5 skaters.
- **Lesson plans** should be adapted to ensure skaters and coaches are practicing physical distancing.
- Avoid hands-on assistance. Coaches should use verbal cues when instructing students rather than physical contact.
- Use verbal cues and drawings on ice to enhance learning. Use verbal incentives.
- Encourage constant movement on the ice. Should have a PA designated to ensure constant movement and no gatherings.
- Coaches must have their own coaching aids, not to be shared with others. Coaches should also have their own clipboards and pens, etc.
- All skaters must bring their own personal items (gloves, tissues, water bottles, etc.). Garbage barrels with garbage bags and a cover should be provided by the ice surface. Skaters are highly recommended to wear a helmet with a shield.
- Utilize lanes for class/group work.
- If skaters are to gather at any time, there is to be an “x” drawn on the ice so skaters know where to stand. Make sure skaters are aware of how this works.
- **Dressing Rooms SCNB strongly recommends that dressing rooms not be used;** however, if the facility allows, dressing rooms may be used following the facility’s and Public Health’s Guidelines. “Maintain a minimum distance of two metres between yourself and others at all times, with the exception of members of the same household or “bubble”. People must not congregate in groups; which will impact our daily routines, business operations and recreational activities. In public settings with seated venues physical distancing may be reduced down to 1 metre with the continuous use of a mask (August 17, 2020). This measure already exists in public transit and would now apply in settings such as postsecondary institutions, with the condition that food and drink not be

consumed when people are seated at this distance. Distancing of 2 meters would be required in order for food or drinks to be consumed.”

- **Pre-sessions** All CanSkate and CanPowerSkate skaters are to come to the facility, rink ready. Prior to entering the rink, skaters must be dressed with their skates on if the facility does not have a designated area. Skaters are to arrive at the rink no earlier than 10 minutes before the beginning of the session.
- **Warm-ups** Skater should do their warm-up within their ice section. Have cones to indicate where sections are split.
- Work with facility to have a door used to enter the ice and another to exit the ice.
- **Music playing** should be done by one designated person operating the equipment and properly cleaning the equipment after use.
- **Cool Down** Skaters should do their cooldown within their ice section. Have cones to indicate where sections are split.
- **Post sessions:**
  - Encourage a timely departure from the ice in order to clear the area for the next session.
  - Must leave rink within 10 minutes of finishing sessions.
- **Cleaning** At the end of each session, disinfect all equipment and surfaces. In order to be able to offer 2 sessions back to back, have a volunteer disinfect the area used by the first session so it's ready for the next one. Skaters will arrive 10 minutes before their session.
- Clubs may want to consider having 2 sets of teaching aids tools. This would allow sufficient time to disinfect teaching aids from one session while allowing a second set to be used for a subsequent session.
- **Additional Information:**
  - No plush toys are to be used.
  - After every session, name tags go home with the skaters or they must be disinfected before and after every session.
  - One person should be designated to handle the on-ice posters.
  - Handing out awards should be the responsibility of the same designated person.
  - Consider sending incentives such as report cards and coloring pictures by email.
  - Parent information sessions should be done via zoom or sent by email.



# PROCEDURES FOR PAIRS, DANCE AND SYNCHRONIZED SKATING

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- Phase 1
  - At this time, SynchroSkate may only practice side-by-side elements according to the following:

“Is my organization allowed to group participants in “bubbles” where they wouldn’t need to maintain physical distancing?”

The Office of the Chief Medical Officer of Health has returned a decision on this request. They have decided to NOT permit ‘bubbles’ for sports in New Brunswick based on public health evidence (current and emerging) associated with transmission of COVID-19 and the risk mitigation measures to protect community and sport-participant health.

However, sports that occur in pairs only (e.g., martial arts) may proceed without physical distancing within each pair, but only in cases where pairs are consistent (members of each pair are not interchangeable), and where pairs are mutually-agreed members of a common and limited ‘close friends and family bubble’.”
- Phase 2 (October 26; Club or School must be in Yellow Phase Region)
  - Synchro teams can start practicing synchro elements which must following the criteria below:
    - **contact must be brief**
    - mask must be worn
    - hand sanitizing must be done before and after each synchro element
    - gloves may not be worn
  - Skaters can only be on 1 team
- Phase 3 - TBD

### PHYSICAL DISTANCING

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- Greet with a wave instead of physical contact.
- Conduct virtual meetings with staff, skaters, parents and volunteers.
- Post signage reinforcing social distancing and illness prevention measures.  
(Appendix 4)
- Locker rooms should be closed; skaters and coaches should be rink ready.
- Put skates on in the car, if possible. Use open areas like outside, lobbies, hallways, spectator areas, etc. for putting skates on (refer to facility plan).
- Keep all personal equipment in a secure bag or leave it in the car.
- Limit coach/skater contact during lessons. Maintain distance of 2 meters.
- All warm-ups should be done outside of the building, weather permitting.
- Skaters should enter/exit ice at staggered times and separate entrances. Clearly label entry/exit and flow through the building.
- Lesson plans should be adopted to ensure skaters and coaches are keeping a distance of at least 2 meters length. Utilize markers on the ice and new activities to ensure spacing is maintained.
- Discourage gathering in groups in the lobby or bathrooms.
- Follow directional arrows in the arena.
- Encourage parents/guardians etc to limit the amount of people that come to the rink.
- Parents/guardians should stay close by in case skater gets injured.
- Encourage parents/guardians to be on time for drop off and pick up.
- Skaters are not to gather at the boards to socialize with other skaters.

### HYGIENE AND CLEANING

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Proper hygiene can help reduce the risk of infection or spreading infection to others. The following rules must be followed by all skaters, coaches, staff, and volunteers and their families. We expect skaters and their families, to be diligent and cooperative in helping us achieve these goals:

- Wash your hands often with soap and water for at least 20 seconds. Use alcohol-based hand sanitizer if soap and water are not available. Upon entering the building, all skaters, coaches, parents/guardians, staff and volunteers will be required to hand sanitize. A hand sanitize station will be set up in the front entrance lobby.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Hand sanitizers will be available at each ice surface at the entry gate. Skaters, coaches, staff, and volunteers are encouraged to use them frequently, as appropriate, throughout the session time.
- All skaters should have personal hand sanitizers in their skating bags.
- Frequent handwashing will be encouraged.
- Hard surfaces such as ice surface gates, doorknobs, light switches and stereo buttons and knobs, will be sprayed and wiped down with a disinfectant spray or wipes, before the session starts and at the conclusion of the session, by the coach and/or staff and/or volunteers.
- Gloves/Mittens should be washed daily.
- Each skater will be permitted to have one personal water bottle. The water bottle will be labelled with the owner's name and will be washed daily. Water bottles will not be shared with another individual. Skaters should have their own Kleenex boxes as well.
- Use of bathrooms, garbage cans etc. (refer to facility plan)

## RESPIRATORY HYGIENE

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When coughing or sneezing:

- Cough or sneeze into a tissue or the bend of your arm, not your hand.
- Dispose of any tissues you have used as soon as possible in a lined waste basket and wash your hands afterwards.

Face-coverings or face shields are to be worn when a personal distance of 2 meters from others, cannot be maintained consistently.

## ILLNESS POLICY AND SELF ISOLATION AREA

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What happens if there is a suspected case **(Enter facility protocol and isolation area here or indicate which page from facility plan)** .

### **IF YOU HAVE SYMPTOMS OR HAVE COME IN CONTACT WITH SOMEONE WITH COVID-19**

- DO NOT come to your scheduled sessions,
- Do not visit a hospital, physician's office, lab or healthcare facility without consulting 811 first.
- If you are having difficulty breathing or experiencing other severe symptoms, call 911 immediately. Advise them of your symptoms and travel history.

In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.

If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

Skaters, coaches, staff, parents, guardians and volunteers are expected to answer all questions on the passive screening honestly. Failure to answer these questions honestly will result in expulsion from the program and loss of privileges.

## REFUND POLICY

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**(Enter name of club/skating school here)** has the following refund policy in place regarding Covid-19

**(ENTER THE DETAILS FOR THE REFUND POLICY HERE)**

## OFFICE SPACE AT THE FACILITY

---

**(Enter name of club/skating school here)** has the following office cleaning policy in place for Covid-19

**(ENTER THE DETAILS FOR THE CLEANING POLICY HERE)**

# **APPENDIX 1: FACILITY'S COVID-19 OPERATIONAL PLAN**

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**YOUR FACILITY'S COVID-19 OPERATIONAL PLAN MUST BE ATTACHED HERE!**





## **APPENDIX 3: PUBLIC HEALTH POSTERS**

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The following website has the most up-to-date questionnaires, posters and fact sheets. Of importance:

- Screening poster
- Masks
- Hand washing
- Hand sanitizer
- Covid-19 advice
- Physical distancing

**IMPORTANT:** It remains the responsibility of the Club/School to ensure that the proper signage is posted.

<https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/resources.html>

## APPENDIX 4: WAIVERS AND DECLARATIONS

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IMPORTANT:

- Each Club and School **MUST** save copies of all signed waivers and declarations.
  - Paper copy and/or electronic copies
- Each Club or School MUST insert its name in the **RED** sections prior to using them.
- Both documents **MUST** be signed at the beginning of **EVERY** season: Fall, Winter, Spring and Summer
- **MUST** be signed by skaters, coaches and volunteers
- If your Club or School would like a Dropbox Folder to save the template and signed documents, please contact the Section office: [executivedirector@skatenb.org](mailto:executivedirector@skatenb.org)
- There are 4 documents in the following order:
  - English – Waiver and Declaration for participants under 19 years old
  - French – Waiver and Declaration for participants under 19 years old
  - English – Waiver and Declaration for participants over 19 years old
  - French – Waiver and Declaration for participants over 19 years old

[CLUB/SKATING SCHOOL NAME]

### INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

*(To be executed by parents/guardians of Participants who are younger than 19 years old)*

**WARNING! Please read carefully! By signing this document, you will assume certain risks and responsibilities**

Participant's Name: \_\_\_\_\_ Participant's Date of Birth: \_\_\_\_\_

1. This is a binding legal agreement. Clarify any questions or concerns before signing. Prior to participating, an individual who is younger than the age of majority and who wants to participate in the sport of figure skating and the activities, programs, classes and services provided by, and/or in the events sponsored or organized by Skate Canada, Skate Canada New Brunswick, all regions of Skate Canada New Brunswick and *[Insert Club/Skating School NAME]* which may include but is not limited to: competitions, practices, training, personal or strength training, dry land training, training using machines or weights, nutritional and dietary programs, orientational or instructional sessions or lessons, and aerobic and anaerobic conditioning programs (collectively the "Activities") must have their legal parent/guardian ("the Parties") acknowledge and agree to the terms outlined in this agreement.
2. The undersigned acknowledges and agrees that they are a parent/guardian of the Participant and have full legal responsibility for the decisions of the Participant.

#### Disclaimer

3. Skate Canada, Skate Canada New Brunswick, all regions of Skate Canada New Brunswick and *[Insert Club/Skating School NAME]* and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, property damage, death, expense, loss of income, damage or loss of any kind suffered by the Participant during, or as a result of, the Activities.

***We have read and agree to be bound by paragraphs 1 to 3***

#### Description and Acknowledgement of Risks

4. The Parties understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life
  - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming
  - c) The Organization has a difficult task to ensure safety and it is not infallible. the Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge conditions, and the equipment being used might malfunction
  - d) **(COVID-19)** The COVID-19 disease has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19
5. The Participant is participating voluntarily in the Activities. In consideration of that

participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The Parties understand that the Organization may fail to safeguard or protect the Participant from the risks, dangers and hazards of the Activities, some of which are listed below. The risks, dangers and hazards include, but are not limited to:

- a) Health: executing strenuous and demanding physical techniques; physical exertion; overexertion; stretching; dehydration; fatigue; cardiovascular workouts; rapid movements and stops; lack of fitness or conditioning; traumatic injury; sprains and fractures, spinal cord injuries, bacterial infections; rashes; and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof
- b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on surfaces; and travel to and from the premises
- c) Use of equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to wear safety or protective equipment; and failure to use or operate equipment within the Participant's own ability
- d) Contact: contact with the ice surface, boards, glass, other equipment, vehicles, or other persons; and other contact that may lead to serious bodily injury, including but not limited to concussions and/or other brain injury or serious spinal injury
- e) Advice: negligent advice regarding the Activities
- f) Ability: failing to act safely or within the Participant's own ability or within designated areas
- g) Sport: the sport of figure skating and its inherent risks, including but not limited to: Singles, Pairs, Dance, Synchronized, and/or Sledge Skating.
- h) Cyber: privacy breaches; hacking; and technology malfunction or damage
- i) Conduct: the Participant's conduct and conduct of other persons including any physical altercation between participants
- j) Travel: travel to and from the Activities

***We have read and agree to be bound by paragraphs 4 and 5***

### Terms

6. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
  - a) That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant
  - b) That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition
  - c) To comply with the rules and regulations for participation in the Activities
  - d) To comply with the rules of the facility or equipment
  - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Organization immediately
  - f) The risks associated with the Activities are increased when the Participant is impaired and the Participant will not participate if impaired in any way;



### DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): \_\_\_\_\_

Individual's Parent/Guardian \_\_\_\_\_  
(if the individual is younger than 19 years old)

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

#### WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

Skate Canada, Skate Canada New Brunswick, all regions of Skate Canada New Brunswick and its affiliated **[Insert Club/Skating School NAME]** (collectively the "Organization") require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 19 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19; **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) If the individual is a front-line worker (such as hospital staff, long term care staff), or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.
- 4) If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.

- 5) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 6) At the onset of one or more symptoms of Covid-19, the individual will follow Public Health screening protocols and any requirements for self-monitoring or self-isolation.
- 7) The individual has followed the Federal and Provincial governments imposed travel restrictions. If the individual has travelled to any restricted areas after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.
- 11) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 12) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian (if the individual is younger than 19 years old)

**[INSÉRER NOM DU CLUB/ÉCOLE DE PATINAGE]**

### ACCORD DE CONSENTEMENT ÉCLAIRÉ ET DE PRÉSUMPTION DE RISQUE

*(Doit être signé par les parents/tuteurs des participants n'ayant pas atteint l'âge de la majorité)*

**AVERTISSEMENT : Veuillez lire attentivement! En signant ce document, vous assumez certains risques et certaines responsabilités**

Nom du (ou de la) participant(e): \_\_\_\_\_

Date de naissance du (ou de la) participant(e) : \_\_\_\_\_

1. Ce document est un accord juridique contraignant. Clarifiez toute question ou préoccupation avant de le signer. Avant de participer, une personne qui n'a pas atteint l'âge majeur et qui souhaite participer au sport du patinage artistique et aux activités, programmes, cours et services offerts et/ou aux événements commandités ou organisés par Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick et [insérer Club/École] affiliés, qui peuvent inclure, mais ne sont pas limités aux tournois, compétitions, leçons, à l'entraînement, à l'entraînement personnel ou de force, à l'entraînement au sol, à l'entraînement à l'aide de machines ou de poids, aux programmes nutritionnels et diététiques, séances ou leçons d'orientation ou d'instruction, et aux programmes de conditionnement aérobique et anaérobique (collectivement les « Activités »), le parent/tuteur du Participant (collectivement les « Parties »), reconnaît et accepte les conditions contenues aux présentes.
2. Le/la soussigné(e) reconnaît et accepte qu'il/elle est un parent/tuteur du Participant et qu'il/elle a l'entière responsabilité légale des décisions du Participant.

#### Renonciation

3. Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick et [insérer Club/Ligue] affiliés, ainsi que leurs directeurs, administrateurs, membres de comité, membres, employés, entraîneurs, bénévoles, officiels, participants, agents, commanditaires, propriétaires/opérateurs des installations dans lesquelles les Activités ont lieu, et représentants (collectivement l'« Organisation ») ne sont pas responsables des blessures, dommages matériels, décès, dépenses, pertes de revenus, dommages ou pertes de toute nature subis par le Participant pendant ou à la suite des Activités.  
 **Nous avons lu et acceptons d'être liés par le contenu des paragraphes 1 à 3**

#### Description et reconnaissance des risques

4. Les Parties comprennent et reconnaissent que :
  - a) Les Activités comportent des risques, des dangers et des aléas inhérents prévisibles et imprévisibles qu'aucun soin, précaution, ni expertise ne peut éliminer, y compris, sans s'y limiter, le potentiel de blessure corporelle grave, l'invalidité permanente, la paralysie et la perte de vie.
  - b) L'Organisation peut offrir ou promouvoir des programmes en ligne (tels que des webinaires, des conférences à distance, des ateliers et des formations en ligne) qui présentent des risques prévisibles et imprévisibles et qui diffèrent des risques posés par les programmes en personne.
  - c) L'Organisation a une tâche difficile pour assurer la sécurité et elle n'est pas infaillible. L'Organisation peut ne pas être au courant de l'aptitude ou des capacités du Participant, peut donner des avertissements ou des instructions incomplètes, peut mal évaluer les conditions météorologiques ou environnementales, et l'équipement utilisé peut mal fonctionner.



- d) **(COVID-19)** La maladie COVID-19 a été déclarée pandémie mondiale par l'Organisation mondiale de la santé et le virus de la COVID-19 est extrêmement contagieux. L'Organisation a mis en place des mesures préventives pour réduire la propagation de la COVID-19 ; cependant, l'Organisation ne peut pas garantir que le Participant ne sera pas infecté par la COVID-19. De plus, la participation aux activités pourrait augmenter le risque du Participant de contracter la COVID-19.
5. Le Participant participe volontairement aux Activités. En considération de cette participation, les Parties reconnaissent par la présente qu'elles sont conscientes des risques, dangers et vulnérabilités et peuvent être exposées à ces risques, dangers et vulnérabilités. Les Parties comprennent que l'Organisation peut ne pas assurer la protection du Participant contre les risques, dangers et vulnérabilités des Activités, dont certains sont énumérés ci-dessous. Les risques, dangers et vulnérabilités comprennent, sans s'y limiter, les éléments suivants :
- a) Santé : exécution de techniques physiques pénibles et exigeantes ; efforts physiques ; efforts trop intenses ; étirements ; déshydratation ; fatigue ; exercices cardiovasculaires ; mouvements et arrêts rapides ; manque de forme physique ou de conditionnement ; blessures traumatiques ; entorses et fractures, lésions de la moelle épinière, infections bactériennes ; éruptions cutanées ; et transmission de maladies transmissibles, y compris les virus de toutes sortes, la COVID-19, les bactéries, les parasites ou autres organismes ou toute mutation de ceux-ci
  - b) Lieux : état défectueux, dangereux ou non sécuritaire des installations ; chutes ; collisions avec des objets, des murs, des équipements ou des personnes ; conditions dangereuses, non sécuritaires ou irrégulières ; conditions météorologiques extrêmes ; et déplacements à destination et en provenance des lieux
  - c) Utilisation de l'équipement : défaillance mécanique de l'équipement ; négligence dans la conception ou la fabrication de l'équipement ; fourniture ou non par l'Organisation d'avertissements, de directives, d'instructions ou d'orientations concernant l'utilisation de l'équipement ; défaut de port d'un équipement de sécurité ou de protection ; et défaut d'utilisation ou de fonctionnement de l'équipement dans les limites des capacités du Participant
  - d) Contact : contact avec la glace, les bandes, les vitrines, des équipements ou matériels, véhicules ; et tout autre contact pouvant entraîner des lésions corporelles graves, y compris, mais sans s'y limiter, les commotions cérébrales et/ou d'autres lésions cérébrales ou vertébrales graves
  - e) Conseil : conseil négligent concernant les Activités
  - f) Capacité : ne pas agir en toute sécurité ou dans les limites de la capacité du Participant ou dans des zones désignées
  - g) Sport : le sport du patinage artistique et ses risques inhérents, y compris, mais sans s'y limiter, le patinage en simple, couple, danse, synchronisé et/ou sur luge.
  - h) Cyber : atteintes à la vie privée ; piratage informatique ; et dysfonctionnement ou dommages technologiques
  - i) Comportement : le comportement du Participant et le comportement d'autres personnes, y compris toute altercation physique entre les participants
  - j) Voyages : déplacements à destination et en provenance des Activités.
- Nous avons lu et acceptons d'être liés par le contenu des paragraphes 4 et 5***

### Conditions

6. En considération de l'Organisation permettant au Participant de participer aux Activités, les Parties conviennent :
- a) Au moment où le Participant s'entraîne dans son propre espace, il est responsable de l'environnement, du lieu et de l'équipement choisis pour lui.
  - b) Le Participant est en bonne condition physique et mentale pour participer aux Activités

- et les Parties assument tous les risques liés à l'état mental et physique du Participant
- c) Le Participant se conformera aux règles et réglementations liées à la participation aux Activités
  - d) Le Participant se conformera aux règles s'appliquant à l'utilisation de l'installation ou de l'équipement
  - e) Si le Participant observe un danger ou un risque inhabituellement important, il mettra un terme à sa participation aux Activités et signalera immédiatement le danger ou le risque à l'attention d'un représentant de l'Organisation.
  - f) Les risques associés aux Activités sont accrus quand le Participant est affaibli et le Participant ne participera pas s'il est affaibli de quelque manière que ce soit ;
  - g) Il est de la seule responsabilité des Parties d'évaluer si certaines Activités sont trop difficiles pour le Participant. En débutant une Activité, le Participant reconnaît et accepte la compatibilité et les conditions de l'Activité
  - h) Les Parties sont responsables du choix de l'équipement protecteur ou de sécurité du Participant et de l'ajustement sécuritaire de cet équipement de sécurité
  - i) **(COVID-19)** Que la COVID-19 est de nature contagieuse et que le Participant peut être exposé à la COVID-19 ou infecté par celle-ci et que cette exposition peut entraîner des blessures, une maladie, une invalidité permanente ou le décès
7. En considération de l'Organisation permettant au Participant de participer aux Activités, les Parties conviennent :
- a) Que les Parties ne se fondent sur aucune déclaration orale ou écrite faite par l'Organisation ou leurs agents, que ce soit dans une brochure ou une publicité ou lors de conversations individuelles, pour accepter de participer aux Activités
  - b) Que l'Organisation n'est pas responsable des dommages au véhicule, aux biens ou à l'équipement du Participant qui pourraient survenir à la suite des Activités
  - c) Que le présent accord est destiné à être aussi large et inclusif que le permet la loi de la province du Nouveau-Brunswick et que, si une partie de l'accord est jugée invalide, le reste demeure néanmoins pleinement en vigueur

### Juridiction

8. Les Parties conviennent que si elles intentent une action en justice contre l'Organisation, elles acceptent de le faire uniquement dans la province du Nouveau-Brunswick et conviennent en outre que le droit matériel de la province du Nouveau-Brunswick s'appliquera sans égard aux règles relatives au conflit de lois.

***Nous avons lu et acceptons d'être liés par le contenu des paragraphes 6 à 8***

### Confirmation

9. Les Parties reconnaissent avoir lu et compris le présent accord, qu'elles l'ont signé volontairement, et que cet accord doit les lier et doit lier leurs héritiers, conjoints, enfants, parents, tuteurs, proches, exécuteurs testamentaires, administrateurs et représentants légaux ou personnels

\_\_\_\_\_  
Nom du Participant (LETTRES MAJUSCULES)

\_\_\_\_\_  
Signature du Participant (si âgé de plus de 13 ans)      Date

\_\_\_\_\_  
Nom du parent ou tuteur (LETTRES MAJUSCULES)

\_\_\_\_\_  
Signature du parent ou tuteur

\_\_\_\_\_  
Date

### DÉCLARATION DE CONFORMITÉ - COVID-19

Nom de la personne (LETTRES MAJUSCULES) : \_\_\_\_\_

Parent/tuteur de la personne : \_\_\_\_\_  
(Si la personne est sous l'âge de la majorité)

Adresse courriel : \_\_\_\_\_

Téléphone : \_\_\_\_\_

### ATTENTION !

TOUTES LES PERSONNES ENTRANT DANS L'INSTALLATION ET/OU PARTICIPANT À DES ACTIVITÉS SANCTIONNÉES DOIVENT SE CONFORMER À CETTE DÉCLARATION

Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick **et ses clubs affiliés** (collectivement l' « Organisation ») exigent la divulgation de l'exposition ou de la maladie afin de préserver la santé et la sécurité de tous les participants et de limiter la propagation de la COVID-19. La présente déclaration de conformité sera conservée en toute sécurité et les renseignements personnels ne seront pas divulgués, sauf si la loi l'exige ou si vous y consentez.

Une personne (ou son parent/tuteur, si elle est âgée de moins de 19 ans) qui n'est pas en mesure d'accepter les conditions énoncées dans le présent document n'est pas autorisée à entrer dans les locaux de l'Organisation ou à participer aux activités, programmes ou services de l'Organisation.

Je, soussigné(e) étant la personne nommée ci-dessus et le parent/tuteur de cette personne (si elle a moins de 19 ans), reconnais et accepte les conditions énoncées dans le présent document :

- 1) La maladie du coronavirus (COVID-19) a été déclarée pandémie mondiale par l'Organisation mondiale de la santé et le virus de la COVID-19 est extrêmement contagieux. L'Organisation a mis en place des mesures préventives pour réduire la propagation de la COVID-19 et exige de toutes les personnes (ou de leurs parents/tuteurs, le cas échéant) qu'ils respectent les normes de conformité décrites dans ce document.
- 2) La personne n'a pas reçu de diagnostic de la COVID-19; **OU** Si la personne a reçu un diagnostic de la COVID-19, elle a été catégorisée comme non-contagieuse par les autorités de santé publique provinciales ou locales.
- 3) Si la personne est un travailleur de première ligne (personnel hospitalier, personnel de soins de longue durée), ou une autre personne qui interagit avec des personnes ayant des cas confirmés ou suspects de COVID-19, la personne a porté un équipement de protection individuelle approprié et approuvé en tout temps chaque fois qu'elle a interagi avec une personne ayant un cas confirmé ou suspecté de COVID-19 au cours des 14 derniers jours.
- 4) Si la personne n'est pas un travailleur de première ligne, ou une autre personne qui interagit avec des personnes ayant des cas confirmés ou présumés de la COVID-19, elle n'a pas été exposée à une personne ayant un cas confirmé ou suspecté de la COVID-19 au cours des 14 derniers jours.

- 5) La personne assiste ou participe volontairement et comprend les risques associés à la COVID-19. La personne (ou son parent/tuteur, au nom de la personne (le cas échéant)) accepte d'assumer ces risques, y compris, mais sans s'y limiter, l'exposition et le fait d'être infecté.
- 6) À l'apparition d'un ou plusieurs symptômes de la COVID-19, la personne suivra les protocoles de dépistage de la santé publique et toute exigence d'auto-surveillance ou d'auto-isolement.
- 7) La personne n'a pas, au cours des 14 derniers jours, voyagé ou fait une escale dans une région interdite établie par le gouvernement fédéral et/ou provincial. Si la personne a voyagé dans une région interdite, après avoir soumis la présente déclaration de conformité, la personne ne fréquentera aucun(e) des installations, activités, programmes ou services de l'Organisation avant qu'au moins 14 jours se soient écoulés depuis la date de retour.
- 8) La personne respecte les directives recommandées, y compris, mais sans s'y limiter, la pratique de la distanciation physique, l'essai de maintenir une distance de six pieds par rapport aux autres, l'adhésion aux meilleures pratiques d'hygiène reconnues et la limitation de l'exposition à la COVID-19.
- 9) La personne respectera les protocoles de sécurité, de distanciation physique et d'hygiène de l'Organisation.
- 10) La personne apportera ses objets personnels et son équipement personnel (tels que bouteilles d'eau, sacs, serviettes, etc.) à sa discrétion et ne partagera pas ses objets personnels ou son équipement avec d'autres personnes.
- 11) Ce document restera en vigueur jusqu'à ce que l'Organisation détermine que les recommandations figurant dans la présente déclaration de conformité ne sont plus nécessaires, conformément aux directives du gouvernement et des autorités sanitaires de la province.
- 12) L'Organisation peut retirer la personne de l'établissement ou de la participation aux activités, programmes ou services de l'Organisation à tout moment et pour toute raison si l'Organisation estime, à sa seule discrétion, que la personne ne respecte plus l'une des normes décrites dans le présent document.

Signature : \_\_\_\_\_ Date : \_\_\_\_\_  
Parent/tuteur (si la personne est âgée de moins de 19 ans)

**[INSERT CLUB/SKATING SCHOOL NAME]**

### RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

*(To be executed by Participants who are 19 years old and older)*

**WARNING! Please read carefully! By signing this document, you will waive certain legal rights – including the right to sue**

Participant's Name: \_\_\_\_\_

Participant's Date of Birth: \_\_\_\_\_

1. This is a binding legal agreement. Clarify any questions or concerns before signing. Prior to participating, an individual who is the age of majority or older and who wants to participate in the sport of skating and the activities, programs, classes and services provided by, and/or in the events sponsored or organized by Skate Canada, Skate Canada New Brunswick, all Regions of Skate Canada New Brunswick and **[Insert Club/Skating School Name]** which may include but is not limited to: competitions, practices, training, personal or strength training, dry land training, training using machines or weights, nutritional and dietary programs, orientational or instructional sessions or lessons, and aerobic and anaerobic conditioning programs (collectively the "Activities") must acknowledge and agree to the terms outlined in this agreement.

#### Disclaimer

2. Skate Canada, Skate Canada New Brunswick, all Regions of Skate Canada New Brunswick and **[Insert Club/Skating School Name]**, and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

***I have read and agree to be bound by paragraphs 1 and 2***

#### Description and Acknowledgement of Risks

3. I understand and acknowledge that
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life
  - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction
  - d) **(COVID-19)** The COVID-19 disease has been declared a worldwide pandemic by the World Health Organization and is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that I will not become infected with COVID-19. Further, participating in the Activities could increase my risk of contracting COVID-19
4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. I understand that the Organization may fail to safeguard or protect me from the

risks, dangers and hazards of the Activities, some of which are listed below. The risks, dangers and hazards include, but are not limited to:

- a) Health: executing strenuous and demanding physical techniques; physical exertion; overexertion; stretching; dehydration; fatigue; cardiovascular workouts; rapid movements and stops; lack of fitness or conditioning; traumatic injury; sprains and fractures, spinal cord injuries, bacterial infections; rashes; and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof
- b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on surfaces; and travel to and from the premises
- c) Use of equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to wear safety or protective equipment; and failure to use or operate equipment within my own ability
- d) Contact: contact with the ice surface, boards, glass, other equipment, vehicles, or other persons; and other contact that may lead to serious bodily injury, including but not limited to concussions and/or other brain injury or serious spinal injury
- e) Advice: negligent advice regarding the Activities
- f) Ability: failing to act safely or within my own ability or within designated areas
- g) Sport: the sport of figure skating and its inherent risks, including but not limited to: Singles, Pairs, Dance, Synchronized, and/or Sledge Skating.
- h) Cyber: privacy breaches; hacking; and technology malfunction or damage
- i) Conduct: my conduct and conduct of other persons including any physical altercation between participants
- j) Travel: travel to and from the Activities
- k) Negligence: my negligence and negligence of other persons, including NEGLIGENCE ON THE PART OF THE ORGANIZATION, which may increase the risk of damage, loss, personal injury or death

***I have read and agree to be bound by paragraphs 3 and 4***

### Terms

5. In consideration of the Organization allowing me to participate in the Activities, I agree:
  - a) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select
  - b) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental and physical condition
  - c) To comply with the rules and regulations for participation in the Activities
  - d) To comply with the rules of the facility or equipment
  - e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring my observations to a representative of the Organization immediately
  - f) The risks associated with the Activities are increased when I am impaired and I will not to participate if impaired in any way
  - g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity
  - h) That I am responsible for my choice of safety or protective equipment and the secure fitting of that equipment



### DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

#### WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

Skate Canada, Skate Canada New Brunswick, all regions of Skate Canada New Brunswick and its affiliated **[Insert Club/Skating School Name]** (collectively the “Organization”) require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further spread of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual’s parent/guardian, if the individual is younger than 19 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization’s facilities or participate in the Organization’s activities, programs, or services.

I, the undersigned being the individual named above and the individual’s parent/guardian (if the individual is younger than 19 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The coronavirus disease COVID-19 has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19; **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) If the individual is a front-line worker (such as hospital staff, long term care staff), or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.
- 4) If the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.
- 5) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual’s parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.



- 6) At the onset of one or more symptoms of Covid-19, the individual will follow Public Health screening protocols and any requirements for self-monitoring or self-isolation.
- 7) The individual has followed the Federal and Provincial governments imposed travel restrictions. If the individual has travelled to any restricted areas after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.
- 11) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 12) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Individual (if the individual is 19 years old or older)

**[INSÉRER NOM DU CLUB/ÉCOLE DE PATINAGE]**

### DÉCHARGE DE RESPONSABILITÉ, RENONCIATION AUX RÉCLAMATIONS ET ACCORD D'INDEMNISATION

*(Doit être signé par les participants ayant atteint l'âge de la majorité)*

**AVERTISSEMENT : Veuillez lire attentivement! En signant ce document, vous renoncez à certains droits légaux, notamment celui de poursuivre en justice**

Nom du (ou de la) participant(e): \_\_\_\_\_

Date de naissance du (ou de la) participant(e) : \_\_\_\_\_

1. Ce document est un accord juridique contraignant. Clarifiez toute question ou préoccupation avant de le signer. Avant de participer, une personne ayant atteint l'âge de la majorité et qui souhaite participer au sport du patinage artistique et aux activités, programmes, cours et services offerts et/ou aux événements commandités ou organisés par Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick et [insérer Club/École] affiliés, qui peuvent inclure, mais ne sont pas limités aux tournois, compétitions, leçons, à l'entraînement, à l'entraînement personnel ou de force, à l'entraînement au sol, à l'entraînement à l'aide de machines ou de poids, aux programmes nutritionnels et diététiques, séances ou leçons d'orientation ou d'instruction, et aux programmes de conditionnement aérobique et anaérobique (collectivement les « Activités »), doit reconnaître et accepter les conditions décrites dans cet accord.

#### Disclaimer

2. Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick [insérer Club/École] ainsi que leurs directeurs, administrateurs, membres de comité, membres, employés, entraîneurs, bénévoles, officiels, participants, agents, commanditaires, propriétaires/opérateurs des installations dans lesquelles les Activités ont lieu, et représentants (collectivement l' « Organisation ») ne sont pas responsables des blessures, dommages matériels, dépenses, pertes de revenus, ou pertes de toute nature subis par le Participant pendant ou à la suite des Activités, occasionné de quelque nature que ce soit, notamment, mais sans s'y limiter par la négligence de l'Organisation.

***J'ai lu et j'accepte d'être lié par le contenu des paragraphes 1 et 2***

#### Description et reconnaissance des risques

3. Les Parties comprennent et reconnaissent que :
  - a) Les activités comportent des risques, des dangers et des aléas inhérents prévisibles et imprévisibles qu'aucun soin, précaution, ni expertise ne peut éliminer, y compris, sans s'y limiter, le potentiel de blessure corporelle grave, l'invalidité permanente, la paralysie et la perte de vie.
  - b) L'Organisation peut offrir ou promouvoir des programmes en ligne (tels que des webinaires, des conférences à distance, des ateliers et des formations en ligne) qui présentent des risques prévisibles et imprévisibles et qui diffèrent des risques posés par les programmes en personne.
  - c) L'Organisation a une tâche difficile pour assurer la sécurité et elle n'est pas infallible. L'Organisation peut ne pas être au courant de l'aptitude ou des capacités du Participant, peut donner des avertissements ou des instructions incomplètes, peut mal évaluer les conditions météorologiques ou environnementales, et l'équipement utilisé peut mal fonctionner.

d) (COVID-19) La maladie COVID-19 a été déclarée pandémie mondiale par l'Organisation mondiale de la santé et le virus de la COVID-19 est extrêmement contagieux.

L'Organisation a mis en place des mesures préventives pour réduire la propagation de la COVID-19 ; cependant, l'Organisation ne peut pas garantir que je ne serai pas infecté par la COVID-19. De plus, la participation aux activités pourrait augmenter le risque pour moi de contracter la COVID-19.

4. Je participe volontairement aux Activités. En considération de ma participation, je reconnais par la présente que je suis conscient des risques, dangers et vulnérabilités et peuvent être exposés à ces risques, dangers et vulnérabilités. Je comprends que l'Organisation peut ne pas assurer ma protection contre les risques, dangers et vulnérabilités des Activités, dont certains sont énumérés ci-dessous. Les risques, dangers et vulnérabilités comprennent, sans s'y limiter, les éléments suivants :

- a) Santé : exécution de techniques physiques pénibles et exigeantes ; efforts physiques ; efforts trop intenses ; étirements ; déshydratation ; fatigue ; exercices cardiovasculaires ; mouvements et arrêts rapides ; manque de forme physique ou de conditionnement ; blessures traumatiques ; entorses et fractures, lésions de la moelle épinière, infections bactériennes ; éruptions cutanées ; et transmission de maladies transmissibles, y compris les virus de toutes sortes, la COVID-19, les bactéries, les parasites ou autres organismes ou toute mutation de ceux-ci
- b) Lieux : état défectueux, dangereux ou non sécuritaire des installations ; chutes ; collisions avec des objets, des murs, des équipements ou des personnes ; conditions dangereuses, non sécuritaires ou irrégulières ; conditions météorologiques extrêmes ; et déplacements à destination et en provenance des lieux
- c) Utilisation de l'équipement : défaillance mécanique de l'équipement ; négligence dans la conception ou la fabrication de l'équipement ; fourniture ou non par l'Organisation d'avertissements, de directives, d'instructions ou d'orientations concernant l'utilisation de l'équipement ; défaut de port d'un équipement de sécurité ou de protection ; et défaut d'utilisation ou de fonctionnement de l'équipement dans les limites des capacités du Participant
- d) Contact : contact avec la glace, les bandes, les vitrines, des équipements ou matériels, véhicules ; et tout autre contact pouvant entraîner des lésions corporelles graves, y compris, mais sans s'y limiter, les commotions cérébrales et/ou d'autres lésions cérébrales ou vertébrales graves
- e) Conseil : conseil négligent concernant les Activités
- f) Capacité : ne pas agir en toute sécurité ou dans les limites de la capacité du Participant ou dans des zones désignées
- g) Sport : le sport du patinage artistique et ses risques inhérents, y compris, mais sans s'y limiter, le patinage en simple, couple, danse, synchronisé et/ou sur luge;
- h) Cyber : atteintes à la vie privée ; piratage informatique ; et dysfonctionnement ou dommages technologiques
- i) Comportement : le comportement du Participant et le comportement d'autres personnes, y compris toute altercation physique entre les participants
- j) Voyages : déplacements à destination et en provenance des Activités.
- k) Négligence : ma négligence et celle des autres, notamment la NÉGLIGENCE DE LA PART DE L'ORGANISATION, qui peut augmenter le risque de dommage, de perte, de blessure corporelle ou de décès.

*J'ai lu et j'accepte d'être lié par le contenu des paragraphes 3 et 4*

### Conditions

5. En considération de l'Organisation me permettant de participer aux Activités, je conviens :

- a) Au moment où je m'entraîne dans mon propre espace, je suis responsable de l'environnement, du lieu et de l'équipement que je choisis
- b) Que je suis en bonne condition physique et mentale pour participer aux Activités et que j'assume tous les risques liés à mon état mental et physique
- c) De me conformer aux règles et règlementations liées à la participation aux Activités
- d) De me conformer aux règles s'appliquant à l'utilisation de l'installation ou de l'équipement
- e) Si j'observe un danger ou un risque inhabituellement important, je mettrai un terme à ma participation aux Activités et je signalerai immédiatement le danger ou le risque à l'attention d'un représentant de l'Organisation.
- f) Les risques associés aux Activités sont accrus quand je suis affaibli et je ne participerai pas si je suis affaibli de quelque manière que ce soit ;
- g) Je suis seul responsable d'évaluer si certaines Activités sont trop difficiles pour moi. En débutant une Activité, je reconnais et accepte la compatibilité et les conditions de l'Activité
- h) Je suis responsable du choix de mon équipement protecteur ou de sécurité et de l'ajustement sécuritaire de cet équipement de sécurité
- i) **(COVID-19)** Que la COVID-19 est de nature contagieuse et que je peux être exposé à la COVID-19 ou infecté par celle-ci et que cette exposition peut entraîner des blessures, une maladie, une invalidité permanente ou le décès

### Décharge de responsabilité et renonciation

- 6. En considération de l'Organisation me permettant de participer aux Activités, je conviens :
  - a) Que je suis l'unique responsable de ma sécurité
  - b) Que j'ASSUME tous les risques découlant de ma participation ou qui y est associé ou lié
  - c) Que je ne me fie pas à aucune déclaration orale ou écrite faite par l'Organisation ou ses agents, que cela soit dans une brochure ou une publicité ou lors de conversations individuelles, pour accepter de participer aux Activités
  - d) Je RENONCE à toute réclamation que je pourrais avoir maintenant ou dans le futur contre l'Organisation.
  - e) J'ACCEPTÉ ET J'ASSUME PLEINEMENT et librement tous ces risques et la possibilité de blessure corporelle, décès, dommage matériel, dépense et pertes connexes, notamment la perte de revenu, découlant de ma participation aux Activités
  - f) Je LIBÈRE POUR TOUJOURS ET J'INDEMNISE l'Organisation de toute réclamation, demande, action, tout dommage (y compris direct, indirect, spécial et/ou consécutif), toute perte, tout jugement et frais (y compris les frais juridiques) (collectivement, les « Réclamations ») que je pourrais avoir maintenant ou dans le futur et qui sont reliés, qui se rapportent ou qui peuvent survenir à la suite de ma participation aux Activités, même si ces Réclamations peuvent avoir été causées de quelque manière que ce soit, y compris, mais sans s'y limiter, par de la négligence, de la négligence grave, un sauvetage négligent, des omissions, de l'imprudence, la rupture de contrat et/ou la violation de toute obligation légale de diligence de la part de l'Organisation.
  - g) Je LIBÈRE ET INDEMNISE POUR TOUJOURS l'Organisation de tout recours lié à mon exposition à mon infection à la COVID-19 en raison ou suite à toute action, omission ou négligence de ma part ou de celle d'autres personnes, notamment, mais sans s'y limiter à l'Organisation
  - h) Que l'Organisation n'est pas responsable des dommages à mon véhicule, à mes biens ou à mon équipement qui pourraient survenir à la suite des Activités
  - i) Cette négligence inclut le manquement de l'Organisation à prendre des mesures raisonnables pour me sauvegarder ou me protéger des risques, dangers et aléas associés aux Activités.

- j) Que le présent accord est destiné à être aussi large et inclusif que le permet la loi de la province du Nouveau-Brunswick et que, si une partie de l'accord est jugée invalide, le reste demeure néanmoins pleinement en vigueur

### Jurisdiction

7. Je conviens que si j'intente une action en justice contre l'Organisation, j'accepte de le faire uniquement dans la province du Nouveau-Brunswick et conviennent en outre que le droit matériel de la province du Nouveau-Brunswick s'appliquera sans égard aux règles relatives au conflit de lois.

***J'ai lu et j'accepte d'être lié par le contenu des paragraphes 5 et 7***

### Confirmation

8. Je reconnais avoir lu et compris le présent accord, que je l'ai signé volontairement, et que cet accord doit me lier et doit lier mes héritiers, mon/ma conjoint(e), mes enfants, tuteurs, proches, exécuteurs testamentaires, administrateurs et représentants légaux ou personnels. Je reconnais en outre qu'en signant le présent accord, je renonce à mon droit d'intenter une action en justice contre l'Organisation sur la base de toute réclamation à laquelle je renonce par la présente.

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Nom du Participant (LETTRES MAJUSCULES)      Signature du Participant (si âgé de plus de 19 ans)      Date

### DÉCLARATION DE CONFORMITÉ - COVID-19

Nom de la personne (LETTRES MAJUSCULES) : \_\_\_\_\_

Adresse courriel : \_\_\_\_\_

Téléphone : \_\_\_\_\_

#### ATTENTION !

TOUTES LES PERSONNES ENTRANT DANS L'INSTALLATION ET/OU PARTICIPANT À DES ACTIVITÉS SANCTIONNÉES DOIVENT SE CONFORMER À CETTE DÉCLARATION

Patinage Canada, Patinage Canada Nouveau-Brunswick, les régions de Patinage Canada Nouveau-Brunswick **et ses clubs affiliés** (collectivement l' « Organisation ») exigent la divulgation de l'exposition ou de la maladie afin de préserver la santé et la sécurité de tous les participants et de limiter la propagation de la COVID-19. La présente déclaration de conformité sera conservée en toute sécurité et les renseignements personnels ne seront pas divulgués, sauf si la loi l'exige ou si vous y consentez.

Une personne (ou son parent/tuteur, si elle est âgée de moins de 19 ans) qui n'est pas en mesure d'accepter les conditions énoncées dans le présent document n'est pas autorisée à entrer dans les locaux de l'Organisation ou à participer aux activités, programmes ou services de l'Organisation.

Je, soussigné(e) étant la personne nommée ci-dessus et le parent/tuteur de cette personne (si elle a moins de 19 ans), reconnais et accepte les conditions énoncées dans le présent document :

- 1) La maladie du coronavirus (COVID-19) a été déclarée pandémie mondiale par l'Organisation mondiale de la santé et le virus de la COVID-19 est extrêmement contagieux. L'Organisation a mis en place des mesures préventives pour réduire la propagation de la COVID-19 et exige de toutes les personnes (ou de leurs parents/tuteurs, le cas échéant) qu'ils respectent les normes de conformité décrites dans ce document.
- 2) La personne n'a pas reçu de diagnostic de la COVID-19; **OU** Si la personne a reçu un diagnostic de la COVID-19, elle a été catégorisée comme non-contagieuse par les autorités de santé publique provinciales ou locales.
- 3) Si la personne est un travailleur de première ligne (personnel hospitalier, personnel de soins de longue durée), ou une autre personne qui interagit avec des personnes ayant des cas confirmés ou suspectés de COVID-19, la personne a porté un équipement de protection individuelle approprié et approuvé en tout temps chaque fois qu'elle a interagi avec une personne ayant un cas confirmé ou suspecté de COVID-19 au cours des 14 derniers jours.
- 4) Si la personne n'est pas un travailleur de première ligne, ou une autre personne qui interagit avec des personnes ayant des cas confirmés ou présumés de la COVID-19, elle n'a pas été exposée à une personne ayant un cas confirmé ou suspecté de la COVID-19 au cours des 14 derniers jours.

- 5) La personne assiste ou participe volontairement et comprend les risques associés à la COVID-19. La personne (ou son parent/tuteur, au nom de la personne (le cas échéant)) accepte d'assumer ces risques, y compris, mais sans s'y limiter, l'exposition et le fait d'être infecté.
- 6) À l'apparition d'un ou plusieurs symptômes de la COVID-19, la personne suivra les protocoles de dépistage de la santé publique et toute exigence d'auto-surveillance ou d'auto-isolement.
- 7) La personne n'a pas, au cours des 14 derniers jours, voyagé ou fait une escale dans une région interdite établie par le gouvernement fédéral et/ou provincial. Si la personne a voyagé dans une région interdite, après avoir soumis la présente déclaration de conformité, la personne ne fréquentera aucun(e) des installations, activités, programmes ou services de l'Organisation avant qu'au moins 14 jours se soient écoulés depuis la date de retour.
- 8) La personne respecte les directives recommandées, y compris, mais sans s'y limiter, la pratique de la distanciation physique, l'essai de maintenir une distance de six pieds par rapport aux autres, l'adhésion aux meilleures pratiques d'hygiène reconnues et la limitation de l'exposition à la COVID-19.
- 9) La personne respectera les protocoles de sécurité, de distanciation physique et d'hygiène de l'Organisation.
- 10) La personne apportera ses objets personnels et son équipement personnel (tels que bouteilles d'eau, sacs, serviettes, etc.) à sa discrétion et ne partagera pas ses objets personnels ou son équipement avec d'autres personnes.
- 11) Ce document restera en vigueur jusqu'à ce que l'Organisation détermine que les recommandations figurant dans la présente déclaration de conformité ne sont plus nécessaires, conformément aux directives du gouvernement et des autorités sanitaires de la province.
- 12) L'Organisation peut retirer la personne de l'établissement ou de la participation aux activités, programmes ou services de l'Organisation à tout moment et pour toute raison si l'Organisation estime, à sa seule discrétion, que la personne ne respecte plus l'une des normes décrites dans le présent document.

Signature : \_\_\_\_\_ Date : \_\_\_\_\_  
Personne (si elle est âgée de 19 ans ou plus)