



Living with Covid-19

Name of Club Operational Plan

General

1. Clubs/Skating Schools, Coaches and Participants must follow Public Health and the Facility's guidelines.
2. Consider passive or active screening as a protective measure prior to skating sessions. When used, screening should remain independent of the participant's vaccination status.
3. Clubs should remind participants to self-monitor for COVID-19 symptoms and stay home if they are feeling unwell.
4. While collection of names is no longer required, clubs should consider keeping attendance lists to assist contact tracing efforts in the event of a positive case
5. Be considerate of your numbers on the ice;
 - Consider grouping skaters (to minimize multiple contacts).
 - Consider putting siblings together on the same sessions.
6. Recommend having procedures if skaters fall ill during club programming.
7. Should there be an exposure to the virus, Public Health via contact tracing efforts will provide guidance to affected individuals. Isolation and testing requirements will depend on the level of exposure as well as the vaccination status of affected individuals.
8. Unless an individual or organization receives a public health directive or if there is a declared case at a school*, there are no restrictions in the Mandatory Order preventing organized sport activities.

* When there are outbreaks in schools, public health and school directives may be different depending on the circumstances. Usually when a case is discovered in a school they must close to conduct contact tracing, testing and cleaning. If the students have been advised that the school is closed due to a COVID-19 case, all students regardless of vaccination status must suspend participation in sporting activities upon notification of the outbreak and on the following day unless they have been directed otherwise. Once contact tracing is completed it is possible that some schools will remain in virtual learning for other operational reasons. Unless the

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school communicates that contact tracing efforts will be extended, participation may resume depending on the individual circumstances below:

- Students who have been told by Public Health to isolate must not attend sporting activities until cleared by Public health.
 - Students who are fully vaccinated and have no COVID-19 symptoms can attend sporting activities unless directed otherwise. In line with current Public Health guidance, a fully vaccinated student who is identified as a close contact must self-monitor for a prescribed period of time. If they have at least one symptom, they must stay home, self-isolate and get a PCR test with Public Health
 - If a communication from the school directs vaccinated students to “self-monitor,” these students may resume their sporting activities as long as they do not have any symptoms of COVID-19.
 - If unvaccinated students are participating in the POCT (point-of-care test) commonly known as “rapid test” program to attend school, they may participate in sporting activities as long as students do not have any symptoms of COVID-19 and have a negative POCT result taken on that same day. In this case, the sport organization is not expected to validate the negative test. The onus is on the student/family to follow directives of the Public Health Act and the Mandatory Order.
 - If a school communication informs unvaccinated students who are not participating in the POCT program to “self-isolate”, students must not attend sporting activities until after the isolation period is over.
9. The use of a waiver and declaration are strongly encouraged – remind members that they are to stay home if they exhibit symptoms.
 10. Consider hosting virtual meetings when needed.
 11. If an in-person meeting is held, masks must be worn at all time and physical distancing is recommended.

Proof of vaccination

1. As of September 22, 2021, the Provincial Government requires Proof of vaccination from people aged twelve years and over to access sporting activities.
 - <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/nb-vaccine/Proof-of-Vaccination.html>
 - This includes athletes, parents, coaches, volunteers, officials, etc.
2. It is strongly recommended that Clubs/Skating Schools adopt a policy that addresses providing Proof of Vaccination.
3. This proof must include two doses of a COVID-19 vaccine.
4. Clubs do not need to validate the timing between or after doses (ie. Clubs are not required to wait fourteen (14) days after the second dose).
5. Clubs are required to see an official record of immunization with a piece of Government issued identification (driver's license, Medicare card, birth certificate, etc.). A record of immunization can be obtained from MyHealthNB portal, the RHA clinic or pharmacy that gave the vaccine, a record from Public Health, or proof of vaccination from another jurisdiction. A copy or picture of the original is acceptable
6. Skaters born between July 1st, 2009, and December 31st, 2009, may continue participating and have until October 31st to get their second vaccine.
7. Participants born on November 1st, 2009, or later have 60 days after their 12th birthday to be fully vaccinated before requirements to show proof of vaccination.
8. Proof of a negative test cannot be used instead of a proof of vaccination
9. Although rapid testing will be used for school outbreaks starting October 12th, proof of a negative test cannot be used instead of vaccination for participants, volunteers, or spectators. Under the direction of only the Public Health team, proof of a negative test may be used to determine whether an **unvaccinated** participant or child 11 & under can resume activities in the event of a close contact.
10. For skaters under 12 years old whose parents/guardians are not vaccinated, another guardian/adult may accompany them. This person must provide a proof of vaccination.
 - Clubs might want to consider limiting the number of guardians accompanying skaters to the arena as you will need to keep track and ask for a proof of vaccination every time a new person accompanies a child.
11. For club programs where participants are consistent, proof of vaccination does not need to be provided each time they attend the activity (follow Club Policy). Rather,

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this can be done upon registration, but Clubs or coaches must be able to demonstrate compliance if asked

12. SCNB Recommends that Clubs maintain a checklist which is kept protected and a very limited number of club board volunteers have access to this private and confidential information. This process and management will have to be stated in your Proof of Vaccination Policy
13. Individuals 12 years and over who cannot receive a vaccine because of a medical exemption, will be required to show a medical certificate of exemption signed by a healthcare provider.

14. An exemption from vaccination is permitted for medical reasons only. The Department of Health has provided direction on the criteria to be used by New Brunswick health care providers for a medical exemption from COVID-19 vaccination. A New Brunswick Medical Exemption form signed by a physician or nurse practitioner licensed in New Brunswick is accepted as meeting the Proof of Vaccination policy. A note written on a prescription pad is not accepted as an exemption form.

An individual who presents a medical exemption letter from another province or territory is accepted as proof of vaccination provided that:

1. It is on an official exemption form or letter used in that jurisdiction;
 2. It is signed by a physician or nurse practitioner licensed in that jurisdiction;
 3. And the individual has proof of being a resident of that same jurisdiction.
- International medical exemptions are not accepted.

Previous COVID-19 infection regardless of when it was does not meet the requirement for proof of vaccination. For More information [here](#)

Masks

1. Mandatory as of September 22, 2021, in indoor public spaces.
2. Included in this are: dressing/change rooms, hallways, entering and exiting facilities, players' benches, washrooms, etc.
 - Spectators must wear masks at all times indoor except when they are eating or drinking while seated in areas that meet physical distancing of 2m and/or physical barrier requirements.
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3. Coaches and Program Assistants of skaters twelve years old and under (U13) must wear a mask.
 - This includes CanSkate and CanPowerSkate.
4. Clubs should consider requiring skaters in CanSkate and CanPowerSkate to wear masks.
5. Synchro team skaters must wear masks.
6. We encourage coaches to consider wearing masks at all times especially when social distancing is difficult.
7. Dance partners need to wear a mask.
8. When using a harness, coaches need to wear a mask.

Hygiene

1. Practice strict hand hygiene before and after skating activities (washing and sanitizing).
2. Respiratory hygiene:
 - Cough or sneeze in a tissue or the bend of the arm.
 - Dispose tissues immediately and wash hands.
 - Avoid touching the eyes, nose, or mouth.
3. CanSkate
 - All teaching aids must have cleaning protocols.
 - Consider not using plush toys.
 - Name tags should go home with the skaters or must be disinfected before and after every session.
 - Consider sending incentives such as report cards and colouring pictures by email.
4. All skaters must bring their own personal items (gloves, tissues, water bottles, etc.).

Social Distancing

1. All reasonable attempts shall be made to respect physical distancing measures except for brief contact (both on and off-the-ice).
2. Separate entry and exit of the ice surface are recommended.
3. Establish traffic patterns to avoid gatherings
4. Consider having staggered schedules to limit number of individuals entering/exiting at one time
5. Participants in dressing rooms must social distance themselves.
6. Discourage gathering in groups in the lobby, washrooms, dressing rooms, on the ice. etc

Coaching

1. Avoid hands-on assistance.
 - Coaches should use verbal cues when instructing students rather than physical contact.
 - Use verbal cues & drawings on ice to enhance learning. Use verbal incentives.
2. Coaches need to have their own coaching aids which cannot be shared with others.